



# A TASTE OF THE SHUSWAP

## RELAX & SAVOUR THE FLAVOUR

*What does the Shuswap taste like? Think crisp, tart fruits and farm-fresh goodness. Think local flavours and tastebud tingles.*

Fancy yourself a foodie? Tuck in! Simply an appreciator of all things delicious? You're in for a treat, too. The tastes of the Shuswap cater to good-food-appreciators of all ages and appetites, but are particularly best suited for folks looking to experience authentic, regional flavours, found nowhere else!

To munch your way through a taste-tour of the Shuswap, one might start by checking out the [Enderby Open Air Market](#) for the freshest farm goodies around. After stocking up on picnic-perfect fares, head down the road to the [Shuswap Pie Co.](#) for a local lunch, or to grab some frozen pies for later on. Next, pop next door to [Chicken Direct](#): a boutique shop selling fresh, non-GMO, grain-fed chickens. Stroll over to the [Candy Vault](#) for a sweet treat to savour while you make your way to the [Tea & Spice Shoppe](#), then grab one of the delicious loose-leaf blends



“to go” before hopping in the car and continuing on your Shuswap taste-tour.

Next, head West to Sorrento to visit [Crannog Ales](#). Sip on the beloved Backhand of God Stout, or enjoy a tour of the brewery. If you're lucky, you'll be visiting on the weekend of the 100 Foot Diet: a special feast in which all ingredients are gathered a mere 100 feet from the dinner table!

Happy with the hops? Now head over to the North Shuswap to sample some award-winning wines at North America's most northerly winery: [Celista Winery](#).

Stomach still grumbling? Why not swing by the [Barley Station](#) back in Salmon Arm for a late night appy, paired with a seasonal craft beer.

Finally, for the real down-to-earth tastes, consider heading right to the source. The Shuswap is home to numerous orchards, ranches, dairies and apiaries, and many welcome visitors. Check out the [Shuswap's Taste Guide](#) to discover the 'gates' that lead to your plate!



Fresh and flavourful, the tastes of the Shuswap are for every hungry palette. Just bring along your appetite, an appreciation of local flavours, and of course, a designated driver if you're sampling the happy stuff!

For more information visit [ShuswapTourism.ca](#) or call 250.833.5906

### TIP:

Don't forget to call ahead to confirm open hours! We're on Shuswap time out here!